



GREEN PARADISE

Tourism Authority of Thailand
Singapore Office
2027
Green Edition

NATURE'S RETREAT

Immerse yourself
in the serenity
of nature's embrace.

Sometimes, the best way to recharge is not through adventure but through stillness—by retreating into nature, where time slows down, the air is fresh, and the only sounds are the rustling trees and birdsong.

A true escape into nature allows you to unwind, breathe deeply, and restore your inner balance. Whether nestled in the mountains, by a quiet river, or in a secluded forest, this peaceful hideaway offers the perfect space to reset and reconnect with yourself.



NATURE'S RETREAT

Khao Kho Phetchabun

Stay One Night in Khao Kho, Live One More Year

The saying “Stay one night in Khao Kho, live one more year” is not an exaggeration, as the area enjoys pleasant weather throughout the year and is surrounded by lush nature.



Khao Kho is a high mountain area that boasts villages, forests, farmlands, and an abundance of tourist attractions. However, the most delightful experience in Khao Kho is simply staying at one of its many resorts and relaxing. Some of these resorts even offer breathtaking views of the morning mist right from the comfort of your bed.

INNER PEACE JOURNEY

Wat Phra That Pha Sorn Kaew Phetchabun

Practicing Dhamma amidst the mountain

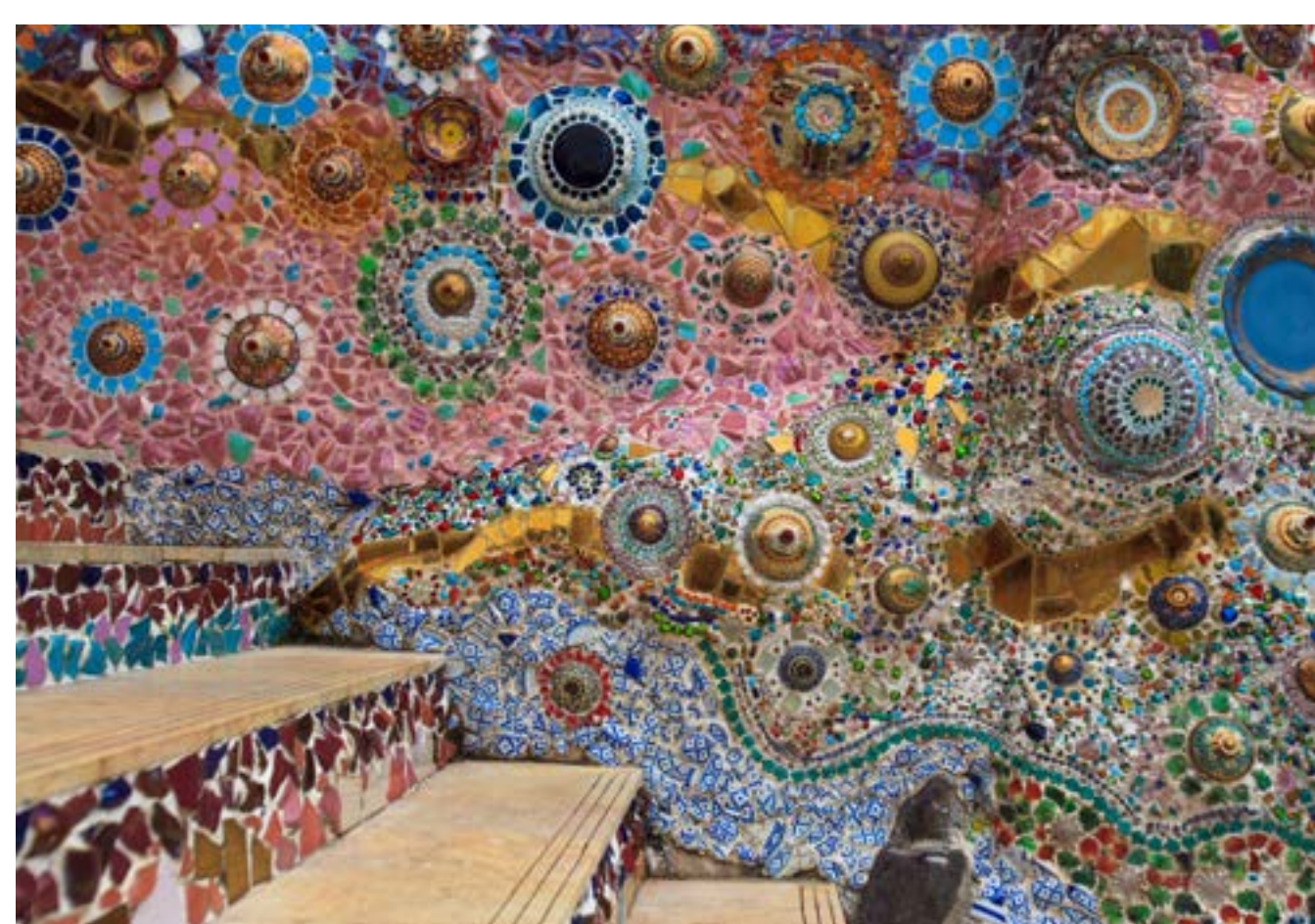
Nestled in the mountains of Phetchabun, this sacred site is rich in legend. Locals once saw a glowing crystal orb vanish into the forest —believed to mark the presence of Buddha's relics. Over time, Pha Son Kaew evolved into a meditation retreat for those seeking peace of mind.

Today, its striking pagodas, Buddha images, and halls adorned with colorful tiles and Benjarong porcelain create dazzling mosaics. Beyond the art, the temple offers a serene space for spiritual reflection.



INNER PEACE JOURNEY

For deeper practice, mindfulness retreats such as the 4-day 'Living with Awareness' and 5-day 'Solitude' programs invite participants to immerse themselves in meditation in a secluded, peaceful setting apart from the main temple.



16.7894, 101.0509



Campson, Khao Kho, Phetchabun.



06:00 - 18:00

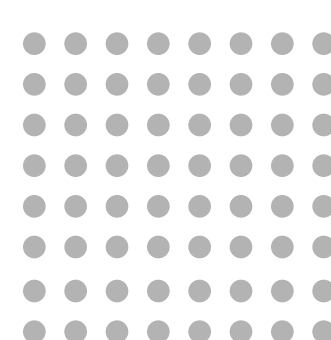


Meditation courses are free of charge.

Excluding food costs, 50 baht per meal



09 2269 6328



ORGANIC LIVING

Nurture your body and soul with a holistic farm-to-table experience, where organic living

Immerse yourself in the simplicity of organic farm life. Surrounded by lush rice fields or pesticide-free vegetable gardens, you'll not only savor fresh, farm-to-table meals but also gain hands-on experience in sustainable, healthy living.

This journey is more than just a retreat—it's an inspiration to embrace a better way of life, nourishing both body and mind. Connecting with nature in such an intimate way can spark a deeper appreciation for wellness, leading to long-lasting lifestyle changes.



A woman with long dark hair, wearing a grey t-shirt and green shorts, is crouching in a field of tall green grass and purple-leafed plants. She is using a small knife to harvest a plant. A young girl with dark hair in a ponytail, wearing a pink shirt and grey pants, stands next to her, holding a long wooden stick. The background shows more greenery and a building with a red roof under a cloudy sky.

ORGANIC LIVING

Cool Living Farmhouse

Nakhon Ratchasima

Live your life happily in every moment.

Nestled in Wang Nam Khiao, known for some of Thailand's freshest air, Cool Living Farmhouse invites you to embrace a healthier, mindful lifestyle. Sleep well, eat fresh, and reconnect with nature.

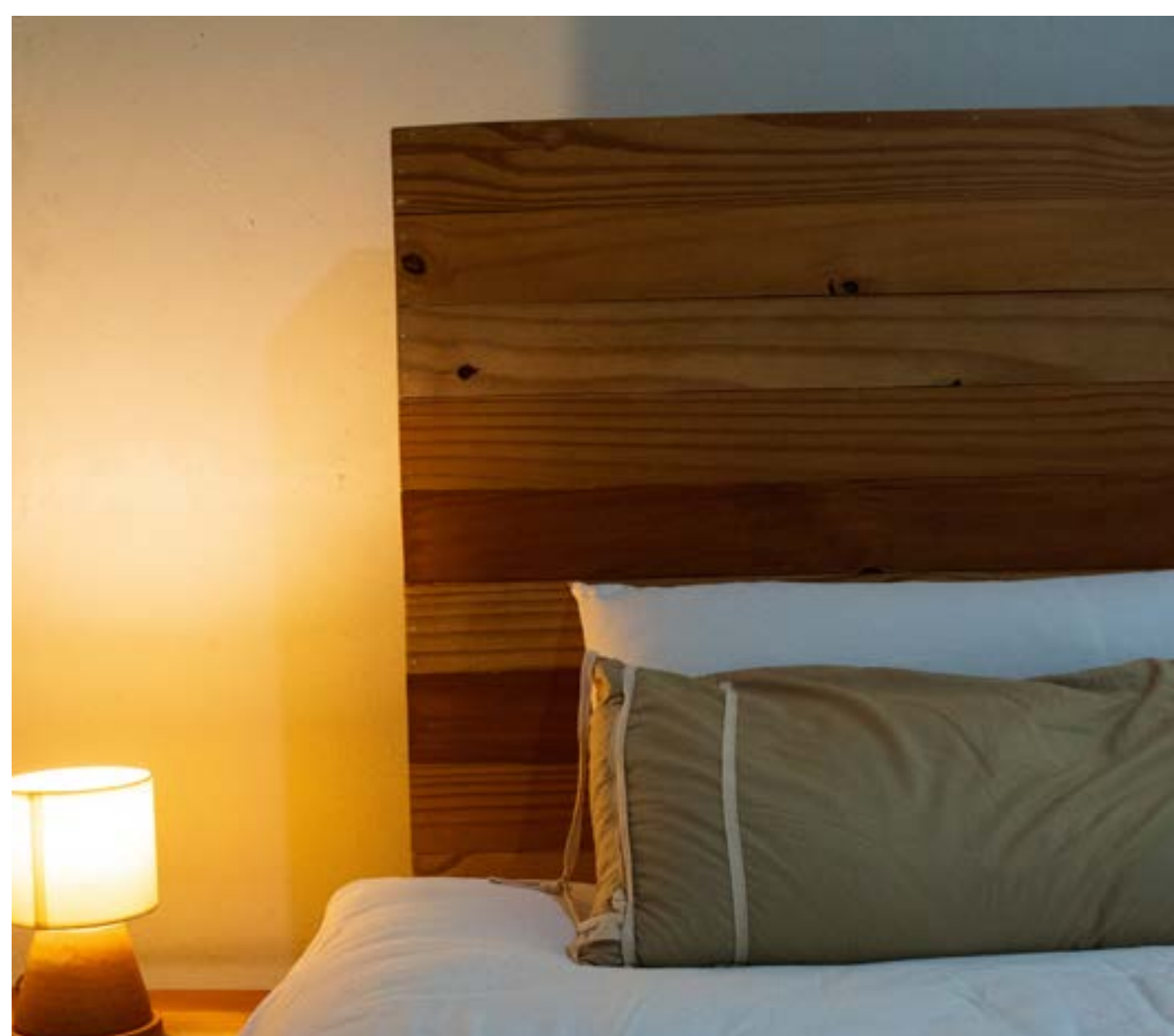
Mornings start with crisp mountain air and harvesting fresh vegetables from the organic farm. Collect eggs from free-range hens and prepare breakfast from just-picked ingredients. During rice season, experience traditional farming by planting rice by hand.

ORGANIC LIVING

The farmhouse is built from the region's distinctive orange soil, rich in minerals, creating a warm, grounding atmosphere. Sleep is restful with buckwheat pillows supporting deep, uninterrupted rest.

Here, simple moments become meaningful—a chance to slow down, breathe deeply, and gain a renewed perspective on living well.

“Good living” is the life-style here. Beyond fresh air and good food, even the pillows in the rooms are filled with buckwheat hulls for healthy, restful sleep.



Harvesting vegetables and collecting eggs from the coop are activities that help foster understanding of where food comes from.



14.4207, 101.8457



Wang Nam Khiao, Nakhon Ratchasima



Accommodation starts at 2,500 baht,
including organic breakfast and activities.



www.coolliving.co.th



09 6963 5655

A woman with long brown hair tied in a ponytail, wearing a white short-sleeved shirt and light blue denim shorts, is bent over in a field. She is holding a bundle of green rice seedlings in her right hand and appears to be planting them in the soil. The field is filled with many other similar green seedlings. In the background, there are dense green plants and trees.

ORGANIC LIVING

Patom Organic Village

Nakhon Pathom

A Place of Happiness through an Organic Way of Life

Patom Organic Village is a family-friendly space where people of all ages can connect with nature through fun, hands-on experiences rooted in organic living. It's a place to play, learn, and find inspiration in everyday moments.

Every Saturday and Sunday morning, the village hosts a lively organic market featuring fresh produce and wholesome meals from the Patom farming network—completely free of chemicals and full of care for health and the environment.

Visitors can join creative workshops like seed art, natural tie-dye, clay sculpting, and crafting aromatic oils—activities that are both enjoyable

ORGANIC LIVING

and educational. For deeper engagement, Patom also offers hands-on experiences in rice planting, composting, organic farming, and waste management, encouraging sustainable living through small, practical actions.

End your visit with a coffee or snack at the garden café, where everything is made with thoughtfully sourced organic ingredients. At Patom Organic Village, everyone is invited to grow, naturally.



13.7349, 100.2423



Yai Cha, Sam Phran District, Nakhon Pathom



9:00 - 16:00 Open only on weekends
and public holidays.



Activity fees start at 250 baht.



www.patom.com



0 3432 2588 -93

ORGANIC LIVING

Rai Pluk Rak Ratchaburi

Grow with Love, Learn with Nature

Rai Pluk Rak is a small organic farm rooted in a love for healthy living and nature. Seasonal crops like salad greens, chilies, and herbs are grown year-round using sustainable methods—ducks eat scraps and lay eggs, compost is made from left-overs.



Families can join the “Organic Happy Day” program, a 1–2 hour experience with farm tours, egg collecting, butterfly spotting, marigold dyeing, and more—offering fun, hands-on learning in a natural setting.



13.7203, 99.9051



Wang Yen, Bang Pae, Ratchaburi.



9:00-18:00 Open only on Saturdays and Sundays.



Organic Happy Day activity 100 baht



www.facebook.com/thaiorganicfood



08 6332 7365

ORGANIC LIVING

Ohkajhu Organic Farm & Restaurant Chiang Mai

A Healthier Life Begins with What You Eat

A better, healthier life often begins with what's on your plate—and Ohkajhu makes that step easy and accessible. Inspired by the idea of “growing vegetables out of love for Mom,” this organic restaurant emphasizes food quality and safety with heartfelt care.



ORGANIC LIVING

Started by three friends with a dream of becoming farmers, Ohkajhu now spans over 200 rai of organic farmland and has more than 14 branches nationwide. The flagship in San Sai, Chiang Mai, stays true to its roots, with a small garden showcasing the farm-to-table journey. Here, each mindful bite is a step toward a healthier, more inspired life.



 18.8405, 99.0246

 Nong Jom, San Sai, Chiang Mai

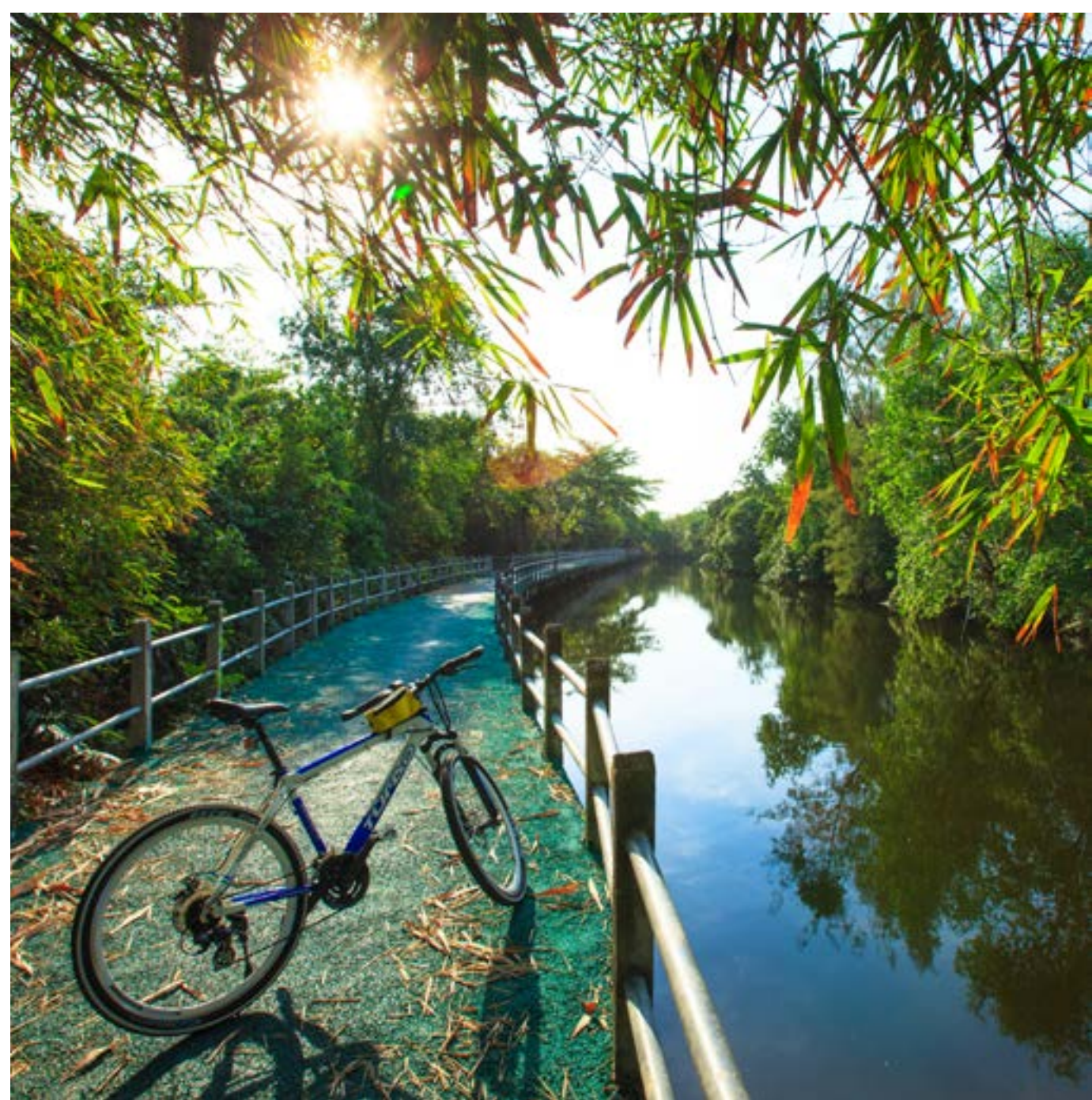
 9:00-21:00

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NATURE'S RETREAT

Bang Kachao Samut Prakan

A Green Sanctuary Near the Big City



Bang Kachao is a crescent-shaped green oasis formed by a dramatic curve of the Chao Phraya River, creating a natural enclave that feels almost cut off from the urban sprawl. This unique geography has helped preserve both the lush landscape and the traditional way of life of its local communities.

Just a short trip from Bangkok, visitors can spend a peaceful day cycling past orchards, mangroves, and riverbanks. Stop at cozy riverside cafés or explore Sri Nakhon Khuean Khan Park, a tranquil green space that protects native forest and offers birdwatching and quiet reflection.



13.6969, 100.5636



Bang Kachao, Phra Pradaeng District,
Samut Prakan

NATURE'S RETREAT

Rot Fai Park

Bangkok

A Green Oasis in the Heart of Bangkok

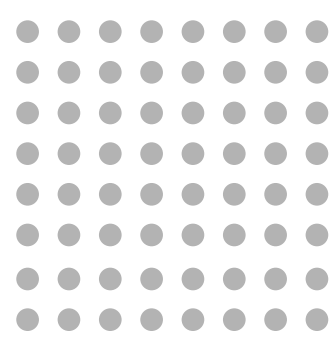
Amid Bangkok's busy cityscape, Wachirabenchathat Park—known as Rot Fai Park—offers one of the largest and most peaceful green spaces in the capital.

Towering trees provide shade while native plants thrive freely, creating a forest-like haven. The park is especially beloved by birdwatchers, with species like spotted owlets, kingfishers, sunbirds, and coppersmith barbets calling it



NATURE’S RETREAT

home. Squirrels and other small creatures add to the natural charm. In addition to wildlife, the park attracts cyclists, picnickers, and those drawn to its ever-changing seasonal flower fields, making it an ideal urban escape.



13.8159, 100.5533



Chatuchak, Bangkok



04:30-21:00



0 2537 9221



Tourism Authority of Thailand
Media Production & Planning Division